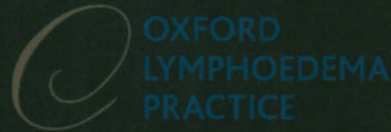




## Oxford Lymphoedema Practice

We operate out of the Manor Hospital, the leading private hospital in Oxford. It has ample free car parking for patients and visitors.



The Manor Hospital  
Beech Road  
Headington  
Oxford  
OX3 7RP

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## How do we screen for lymphoedema?

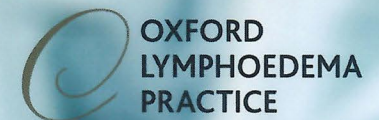
Indocyanine green (ICG) lymphography is an ideal method of screening for early changes of lymphatic dysfunction before the distressing symptoms of lymphoedema have occurred.

Studies have shown that ICG lymphography can effectively identify those patients who will go on to get significant lymphoedema. Furthermore, early supermicrosurgery has been shown to cause regression of the signs of lymphatic dysfunction and to prevent the development of clinical lymphoedema.



# Early Lymphoedema Screening Programme

Information for Patients





## Why screen for lymphoedema?

We know that some medical cancer treatments, such as chemotherapy, surgery and radiotherapy mean that people are at high risk of developing lymphoedema.

The risk can be as high as 40% after some treatments. We also know that early supermicrosurgery can prevent the appearance of lymphoedema, meaning that the problems associated with it can be avoided. Similarly, if you wish to opt for a non-surgical treatment, early management with compression can help prevent progression and irreversible changes, such as fibrosis and fat hypertrophy. However not everyone who has high risk cancer treatments to lymph nodes will go on to get lymphoedema. We wish to avoid unnecessary treatment so treating everyone to prevent lymphoedema is not the answer.



## What is the Oxford lymphoedema screening programme?

At The Manor Hospital (Oxford), part of Nuffield Health, the Oxford Lymphoedema Practice offer the UK's first ICG lymphography lymphoedema screening programme.

We will offer you an appointment three months after completion of your cancer treatment for an initial consultation and ICG lymphography scan. If the scan is normal we will then repeat the scan six months after the initial scan.

Further scans are performed at six monthly intervals for a further two years to ensure that lymphoedema is detected before you are aware that the symptoms, such as swelling of the limb, have even started.



If early signs of lymphoedema are seen on the ICG lymphography, you will be given the opportunity to discuss supermicrosurgery for the prevention of lymphoedema with one of our experienced surgeons.

Early surgery can catch lymphoedema before the debilitating swelling of the limb has even started. Using this innovative screening programme we aim to completely prevent lymphoedema following cancer treatment.

### I have some questions, whom can I ask?

Please visit our website, or call us and we will be very happy to answer your questions about the screening programme, ICG lymphography, surgery or indeed any aspect of your care.